



Desert Gastroenterology Consultants

Gary M. Annunziata, D.O., F.A.C.P. / Anh T. Duong, M.D.
Natalie Sloan, FNP-C / Megan Lancaster, FNP-C / Alex Monteiro, FNP-C
35900 Bob Hope Drive Ste. 275 Rancho Mirage, CA. 92270
Phone- (760) 321-2500 Fax- (760) 321-5720

Breath Test Preparation Instructions

You have been scheduled for your breath test to be done on _____ @ _____.
On _____, it is important you discontinue the following medications:

- _____ Nexium
- _____ Prilosec
- _____ Prevacid
- _____ Protonix
- _____ Aciphex
- _____ Zegrid
- _____ Pepto Bismol
- _____ Other- _____

Please have nothing by mouth (food or liquids) one hour prior to your exam time. The test will be performed in our office and it will take approximately 20 minutes. It is not necessary for you to have a driver or friend bring you to this appointment.

If you have any questions, please contact the office at (760) 321-2500.

****Please note, if you experience any heartburn or reflux symptoms during the two weeks before the scheduled test you may take over the counter Pepcid AC, Zantac, Tums, Mylanta, etc. ****