

COLONOSCOPY INSTRUCTIONS USING MOVIPREP

You have been scheduled for a colonoscopy. This is an examination of your large intestine (colon). A long flexible tube (colonoscope) will be inserted into your rectum and passed through your colon. Your colon will be examined in detail. Additional procedures may be performed, such as taking tissue samples (biopsies) and removing polyps.

Please read all of the instructions ahead of time so you are adequately prepared for this procedure.

AT LEAST 2 DAYS BEFORE YOUR PROCEDURE

Purchase 1 **MoviPrep**® (PEG-3350 sodium sulfate, sodium chloride, potassium chloride, sodium ascorbate and ascorbic acid for oral solution) kit from your pharmacist using the prescription provided by your physician. If you tend to get constipated, or sometimes use a laxative, talk to your physician. Schedule a ride home from the colonoscopy.

Additional instructions from your healthcare provider

We do recommend that you obtain a tube of Desitin ointment or A&D ointment that you may use to help with irritation and or tenderness that you may experience with having multiple bowel movements.

One DAY(S) BEFORE YOUR PROCEDURE

Do not eat solid food unless instructed by your physician. To help prevent dehydration, it is important to drink plenty of clear liquids.

Additional instructions from your healthcare provider

CLEAR LIQUID RECOMMENDATIONS FROM YOUR HEALTHCARE PROVIDER

Water

Tea (Decaf or Regular)

Carbonated Beverages (Coke, Diet Coke, Sprite etc.)

Gatorade (No red or purple)

Clear chicken or beef broth, consomme

Coffee (No cream or milk) you may add sugar or sugar substitute

Clear hard candy

Jello (No red, purple and DO NOT ADD FRUIT)

Popsicles (No red, purple or added fruit)

Clear fruit juices (apple, white grape, lemonade, white cranberry)



SPECIAL INSTRUCTIONS FROM YOUR HEALTHCARE PROVIDER

You must have a friend or relative drive you home from your procedure. No public transportation or cabs can be used. The procedure will be cancelled if you fail to bring a driver with you.

The driver must also wait at the facility in which the procedure is being performed while you have your procedure.

YOUR APPOINTMENT

Time/Date

Location

Mirage Endoscopy Center

Dolores Hope Bldg, 2nd Floor

Employee signature _____

Patient signature _____





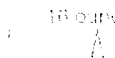

If you have any questions, please contact our office at

760-321-2500 ext- _____

(Please read other side.)

MoviPrep is a laxative that cleans out your colon before a colonoscopy. The **MoviPrep** kit contains 2 packages and a mixing container. Each package contains 1 pouch A and 1 pouch B. Following the instructions below, you will use all 4 pouches to complete your prep. **You must complete the entire prep to ensure the most effective cleansing.**

It is important that you follow your physician's instructions regarding consumption of clear liquids before your colonoscopy. See reverse side for clear liquid recommendations.

INSTRUCTIONS FOR MIXING YOUR MOVIPREP SOLUTION		Steps 1 and 2
<ol style="list-style-type: none"> 1. Empty 1 pouch A and 1 pouch B into the disposable container. 2. Add lukewarm water to the top line of the container. Mix to dissolve. If you prefer, the solution can be refrigerated before drinking. The solution should be used within 24 hours. 		
FIRST DOSING REGIMEN	Date _____ Start time <u>3:00</u> AM/PM	Steps 3 and 4
<ol style="list-style-type: none"> 3. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is complete. You may start going to the bathroom after only a couple of glasses, but be sure to drink ALL of the solution. 4. Drink an additional 16 ounces of the acceptable clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep. 5. Prepare the second container of MoviPrep by repeating steps 1 and 2. 		  Step 5 
SECOND DOSING REGIMEN	Date _____ Start time <u>7:00</u> AM/PM	Steps 6 and 7
<ol style="list-style-type: none"> 6. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is complete. 7. Drink an additional 16 ounces of the acceptable clear liquid of your choice. You may start going to the bathroom after only a couple of glasses, but be sure to drink ALL of the solution. 8. Make an effort to drink additional clear liquids until _____ AM/PM. At that point, it is important that you do not consume anything until after your colonoscopy. 		 

You must complete the entire prep to ensure the most effective cleansing.

SAFETY CONSIDERATIONS

MoviPrep® (PEG-3350, sodium sulfate, sodium chloride, potassium chloride, sodium ascorbate and ascorbic acid for oral solution) is indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older. MoviPrep is contraindicated in patients who have had a severe hypersensitivity reaction to any of its components. MoviPrep should be used with caution in patients using concomitant medications that increase the risk of electrolyte abnormalities, in patients with known or suspected hyponatremia, severe ulcerative colitis, ileus, gastrointestinal obstruction or perforation, gastric retention, toxic colitis, toxic megacolon, or glucose-6-phosphate dehydrogenase deficiency. In clinical trials, abdominal distention, anal discomfort, thirst, nausea, and abdominal pain were the most common adverse reactions to MoviPrep administration. MoviPrep contains a maximum of 2.33 mg of phenylalanine per treatment.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

If you have additional questions, please consult with your physician or refer to the full Prescribing Information at www.salix.com.

(Please read other side.)

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